

Moms of Adopted, and/or Foster Children:



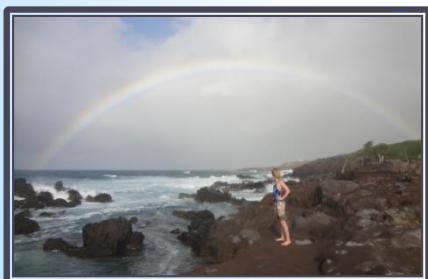
Are you stressed out or overwhelmed by your child's behaviors, or in just in need of some new parenting strategies?

Join us for a weekend of refreshment, equipping, and fun...



Mom's Renewal Retreat 2013

Presented By:



Help for Your Family

and



Ladies, give yourself a gift this Mother's Day weekend. Join us for a time of renewal for your mind, body, and spirit. This retreat has been created with you in mind. It is just for mothers of adopted, and/or foster children, with attachment related issues. Come join a small group of women who are looking to practice some self-care techniques, learn about healthy food choices for themselves and their children, add a few new tools to their parenting toolkit, and meet other mothers who are dealing with the same issues you are. Learn about how to keep yourself from being triggered by your child(ren), who are experts at pushing your buttons. Revisit and adjust your parenting goals in light of what you learn, and leave feeling refreshed, and better equipped to parent your child with attachment challenges.

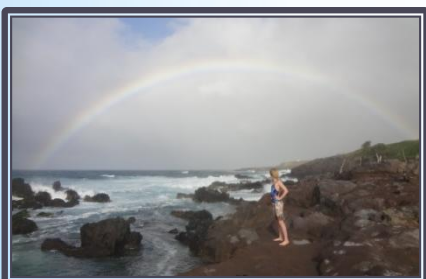
When: Friday, May 10, 2013, 4:00 PM - Saturday, May 11, 2013, 4:00 PM

Where: The Attachment Place, LLC, located in Lothian, MD

Cost: \$375 per person, which includes your room, all food, including a gourmet meal, and materials.

A massage therapist will be available on-site for an additional charge, if there is enough interest.

Space is limited, so sign up today! A deposit of approximately one half of the cost (\$188.00) is due by April 27, 2013. Pay via credit card or check. A convenience fee of 3% will be added to each credit card payment. Make checks payable to The Attachment Place, LLC. For our mailing address, please visit our website at: www.theattachmentplace.com



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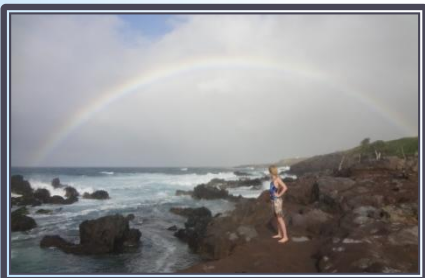
Your Hosts and Presenters for the Weekend:



Kate Oliver, MSW, LCSW-C- is a mother of two and a social worker in private practice in Columbia, Maryland and specializes in working with families raising children with attachment disorders and a traumatic history. You can find more about Kate on her website: www.help4yourfamily.com. She can be reached at 443.562.6955 or helpforyourfamily@gmail.com.



Sharon Fuller is the mother of nine children, three of whom were adopted at older ages. Sharon understands the difficulties of parenting children with attachment challenges. She is the owner of The Attachment Place, LLC, a therapeutic respite facility for children with attachment and mood disorders, where she provides short and long term respite, as well as parent coaching. To learn more about Sharon and her work, visit www.theattachmentplace.com. She can be reached at 410.707.5008 or sfuller@theattachmentplace.com.



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